

Staff restaurant Eldora - Energie 360°

Monday, 13. January	Tuesday, 14. January	Wednesday, 15. January	Thursday, 16. January	Friday, 17. January
SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day
2.50	2.50	2.50	2.50	2.50
FAVORITE Sweet-and-sour chicken with pineapple and bell peppers Jasmine rice Sesame <i>approx 635.3 cal. / Chicken: Switzerland</i>	FAVORITE Veal Adrio Onion gravy Rösti fritters Green beans <i>approx 816.5 cal. / Adrio (pork, veal): Switzerland</i>	FAVORITE Bulgogi Korean barbecued beef with carrots, soy sauce, sesame and spring onions Jasmine rice <i>approx 539.6 cal. / Beef: Switzerland</i>	FAVORITE Turkey schnitzel Creamy pepper sauce Spätzli Brussels sprouts <i>approx 741.4 cal. / Turkey: France</i>	FAVORITE Marinated pike-perch fillet Butter sauce with capers and dill Barley with saffron Creamed leeks <i>approx 728.3 cal. / Pike-perch: Estonia</i>
13.00	13.00	13.00	13.00	13.00
KARMA   Veganuary Whole oven-baked cauliflower with tahini, smoked paprika and Za'atar spice Garlic and sesame dip Freekeh cereal and vegetable salad <i>approx 648.7 cal.</i>	KARMA  Veganuary Plant-based pea protein balls Sweet-and-spicy soy sauce Sesame rice Pak choi with ginger <i>approx 906.5 cal.</i>	KARMA  Veganuary Organic seitan stew Mushroom sauce Mashed potatoes Pumpkin <i>approx 526.1 cal.</i>	KARMA  Veganuary Züri G'schnätzlets Zurich-style sliced pea protein in mushroom sauce Rösti potatoes Peas and carrots <i>approx 581.6 cal.</i>	KARMA  Veganuary Sweet potato and cauliflower curry with coconut sauce Soy and cucumber raita Green vegetables Naan bread <i>approx 748.7 cal.</i>
10.00	10.00	10.00	10.00	10.00
FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:
klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00
DESSERT  Pastel de Nata <i>approx 158.7 cal. / Pastel de Nata: Portugal</i>	DESSERT  Ovomaltine mousse <i>approx 175.5 cal.</i>	DESSERT  Panna cotta with raspberry sauce <i>approx 263.4 cal.</i>	DESSERT  Egg cognac crème <i>approx 226.3 cal.</i>	DESSERT Dessert of the day
2.50	2.50	2.50	2.50	2.50