Staff restaurant Eldora - Energie 360°

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Monday, 05. May	Tuesday, 06. May	Wednesday, 07. May	Thursday, 08. May	Friday, 09. May
SUPPE	SUPPE	SUPPE	SUPPE	SUPPE
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
2.50	2.50	2.50	2.50	2.50
FAVORITE	FAVORITE	FAVORITE	FAVORITE	FAVORITE
Chicken stew with asparagus and creamy white wine sauce Pappardelle	Mongolian Udon Noodles with beef, onions, carrots, courgettes, garlic and oyster sauce	Vaudois pork cordon bleu with paprika- spiced raclette cheese Fried potatoes Spring vegetables Ketchup	Chicken thigh steak Lemongrass sauce Curry rice Roasted broccoli	Strozzapreti ai gamberoni with cream sauce, prawns, peas and herbs
approx 582.2 cal. / Chicken: Switzerland	approx 543.4 cal. / Beef: Switzerland	Lemon slice approx 713.2 cal. / Cordon bleu (pork): Switzerland	approx 792.9 cal. / Chicken: Switzerland	approx 702.1 cal. / Shrimps: Vietnam
13.00	13.00	13.00	13.00	13.00
KARMA	KARMA	KARMA	KARMA	KARMA
Rösti rolls with cream cheese and mushroom filling Mashed peas Fennel au gratin Oven-baked tomatoes	Palak Paneer Indian cheese and spinach stew Lentil dal, naan bread Cucumber raita, coriander and chilli	Mushroom Stroganoff Paprika sauce with mushrooms and gherkins Spätzli Steamed beetroot	Milanese white asparagus with grated cheese and fried egg Roasted new potatoes	Breaded quorn schnitzel Avocado and tomato dip Diced potatoes with Cajun spices Glazed corn
approx 539.3 cal.	approx 949.0 cal.	approx 624.6 cal.	approx 430.1 cal.	approx 811.9 cal.
10.00	10.00	10.00	10.00	10.00
FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings
klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Doughnut	Plum cake	Lemon and quark	Mango lassi	Dessert of the day
approx 263.3 cal. / Doughnut: Germany	approx 154.0 cal. / Cake: Switzerland	crème approx 232.6 cal.	approx 120.4 cal.	
2.50	2.50	2.50	2.50	2.50